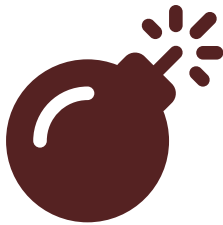


07 Quick Start

Kingdom Wife Blueprint — Quick Start

If she has 60 minutes today, do these things in this order. If she has only 20 minutes, do step 1.

Decision tree



Syntax error in text
mermaid version 10.9.5

The 5-step quick start

Step 1 — 20 min — Read aloud

Open the manuscript at wherever you stopped last. Read aloud (yes, out loud) for 20 minutes. **Mark anything that sounds like generic Christian-women's-publishing.** Underline. Don't fix yet.

You're listening for: - "precious sister" register - "Warmly," sign-offs in chapter intros - Quick-fix language - Saccharine enthusiasm without specificity - Scripture quoted decoratively (no work being done)

If you mark zero things in 20 minutes, you're not listening hard enough OR the chapter is finished. Move on.

Step 2 — 15 min — Strike

Go back to what you marked. Strike (literally cross out · don't replace yet). Trust that less is more. The voice that's left is yours; the voice you're cutting was filler.

Step 3 — 10 min — Re-read

Read the struck-through chapter again. Does it cohere without the cut text? Usually yes. Sometimes you'll notice a real gap where struck text was load-bearing. Mark those gaps with [GAP] for tomorrow.

Step 4 — 10 min — One rewrite

Pick the most-marked paragraph. Rewrite it once, fast. Don't try to make it perfect. The goal is to find the right register, not the right sentence.

Step 5 — 5 min — Voice gate

Run the rewritten paragraph through the voice-keeper-sandi skill (or just check yourself): - ☒ No "Warmly," - ☒ No "precious sister" / "beloved in the Lord" - ☒ No saccharine enthusiasm - ☒ Specific over generic - ☒ Faith woven functionally (not decoratively)

If pass: copy the rewrite into the manuscript. Done. If fail: make one more pass tomorrow.

If she has only 5 minutes

Open `_knowledge/PROJECT_STATUS_MASTER.md` and update the Kingdom Wife row's "next concrete action" with whatever the next 60-min sitting should be. That alone keeps the project alive.

If she's stuck and doesn't know what to do

Default: open `02_action_plan.md` and read the current week's items. Do whichever has the lowest activation energy.

If everything in the current week feels heavy: open `06_gap_analysis.md` and pick from the LOW or MEDIUM gaps. Sometimes a small win unlocks momentum on the heavy work.

If even that feels heavy: Sabbath. Productivity must not destroy sustainability. Tomorrow.

What to NOT do today

- ❌ Don't start a new chapter when an unfinished one exists
 - ❌ Don't switch to platform work when book is in editorial phase
 - ❌ Don't open KDP and start filling metadata before the manuscript is locked
 - ❌ Don't take an unrelated meeting that "might lead somewhere"
 - ❌ Don't try to do more than 1 HARD task today
-

Today's anchor scripture

Pick one. Write it on a sticky note. Look at it once an hour while you work.

Mood	Verse
Tired	Matthew 11:28 — "Come to me, all you who are weary"
Doubting your work	Romans 8:1 — "No condemnation"
Tempted to rush	Psalms 27:14 — "Wait for the Lord"
Tempted to quit	Galatians 6:9 — "Let us not become weary in doing good"

The one rule

When today's 60 minutes are done, **stop**. Don't push into 90 minutes "while you're on a roll." The roll comes from sustainability, not from sprints.

Tomorrow is here whether you push tonight or not.

Cross-references

- [[o2_action_plan]] — full 90-day plan
- [[o6_gap_analysis]] — current critical gaps
- [[../ ../ ../sandi-system-engine/_skills/voice-keeper-sandi/SKILL.md|voice-keeper-sandi]]
— the voice gate
- [[../ ../ ../sandi-system-engine/_knowledge/Writing_Voice_Module|Writing Voice Module]]